

# Sabrina's Prayer Update

May 2020

Dear Family & Friends

**D**How are you? Hope you are enjoying the beautiful Spring season of Vancouver with gorgeous cherry blossoms :) all around us!!

Thank you for your faithful prayers and encouragement. I have been back to Vancouver for a month; and I am so thankful to my home church who had arranged a comfortable place for me to take for the two-week self isolation. I found myself enjoying the quietness and being alone, aware of God's presence without structured activity.

Two weeks' ago, one of our young leader in our ladies' bible study group from Cambodia that I am coaching her online now told me about her prayer life experience during the pandemic time. Her name is Thai. She said, "In the past when I prayed for 5 minutes I had nothing to pray. But now, all my housemates went back to the provinces. I was alone; and I have never been by myself in my life. I loved being alone and enjoyed my time praying for half and hour to one hour. I just enjoyed my time being with God!"

[Pray for Thai as she experiences the empowerment of the Holy Spirit to lead the weekly ladies bible study group online.](#)

Her testimony encouraged me to practice praying throughout the day and enjoy my time being with God. Recently, I was reading an article from Ruth Haley Barton. She asked the questions that provoked me to think and meditate? "What is happening right now—spiritually speaking—and how can we join God in it?" When I brought these questions to God in prayer, God gave me a divine lens of refreshing hope and trust of looking at the current Covid-19 situation.

I was encouraged by two areas Ruth shared. First, we learned to make space to grief for those who are in a challenging situation of getting sick from the virus, or others have lost their love ones and jobs... etc. And second, we learned to make space for gratitude. Even in these difficult days, we

all have occasions for gratitude each and every day and we can create space to practice thanksgiving. I felt so good to be home and be with my family; enjoyed a delicious lunch together, sharing their burdens and praying for their needs... and I felt so energized that I got to take a walk everyday!

[Pray for me as God will help me to have the courage to change and to grow in love during this season!](#)

I was recommended by OMF Canada to take a six-month Home Assignment for my time in Vancouver now. If God is willing, I will return to Cambodia the end of September. In the meantime, I do have many opportunities engaging in coaching, sharing with prayer groups through Zoom. If any of your cell group or prayer meetings would like me to share about God's work in Cambodia via online I would love to do so :)



We don't know how long this Covid-19 will last? Hopefully I am able to meet some of you in person when the pandemic is over!!

Thank you for your partnership with me of God's work through your faithful prayers and generous giving!

Shalom in Christ  
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